

# SWASTHYA

## Global Ayush & Wellness ExpoCon- 2023

Supported by Ministry of Ayush, Govt. of India & Ministry of Tourism, Govt. of India & Dept. of Ayush, Govt of Telangana)

23-25 June, HITEK, Hyderabad, Telangana, India

Day 1 (Friday) : 23 June 2023

Date : 23.06.2023 / Time : 2.30 PM – 4.00 PM / Patanjali Hall

Ayush Medicinal Plants – Scientific & Analytical studies

Chair : Dr. Vijaya Gnaneshwar Reddy Principal GAC Warangal (8019624230)

Co-Chair : Dr. Datta Kumar, Ayurvedic Rheumatologist Hyderabad (8919796761)

Keynote Speaker : Vaidya Jaya Gopal Parla USA (Global ERP opportunities for Ayush & Wellness professionals)

Co-ordinator - Dr.Suneetha Grace (9705507833)

S.no	Name of presenter	Contact no	Title
1.	Dinesh Jagtap	73500 97886	To study the effect of anti-tuberculosis activity of <i>Gloriosa superba</i> on the survival of <i>Mycobacterium</i>
2.	Rushali Gugaratti	9632393380	Evaluating the anti-bacterial effects of <i>Echinacea angustifolia</i> mouth wash against pathogens causing pharyngitis
3	Dr S Nandha Gopal	6379359689	A Report of Single Blind Randomized Comparative Study in the Modulation of Serum Immunoglobulin-E levels of Atopic patients treated with <i>Azadirachta indica</i> -Q and <i>Echinacea angustifolia</i> -Q
4	Deepika Pandey	7417331158	Critical Analysis of <i>Shukrashodhana Mahakashaya</i> for Its Pharmacological Actions
5	Yogita Dhiman	8437487709	Comparative phytochemical analysis of 5 varieties of <i>Nirgundi</i> ( <i>Vitex</i> genus)
6	Sharon Arthur	8790020817	In Vitro Antifungal activity of Homeopathic medicine <i>Arsenic album</i> against <i>fusarium oxysporium</i>
7	Sudhansu Sekhar Moharana	9449808107	Integration is the essential path to achieve synergistic action of medicines for total cure

**Date : 23.06.2023 / Time : 2.30 PM – 4.00 PM / JIMS Hall**

**Ayush Practices and Cancer Care**

Chair : Dr. Madhu Varanasi (Homeopathy) (9966044111)

Co-Chair : Dr. V. Narsimha, Dr. BRKR GAC Hyderabad (9440043721)

Keynote Speaker : Dr. S. Praveen Kumar (Homeopathy) (9849054632)

Co-ordinator - Dr. Krishna Naik (9652739467)

1	Ramakrishnamachary	9444960308	Role of karrovita a dietary supplement in improving general health in cancer conditions
2	Prof Priya Vitthal Patil	9822289103	Homoeopathic approach to managing a case of breast fibroadenoma evidence-based study
3	Sharad M Porte	9024266338	Role of Ayurvedic Rasayan Drugs for development & enrichment of Immunity in Cancer Patients
4	Lekhya reddy	8977828269	Life style diseases/ Non communicable diseases such as cancer and diabetes
5	Bala rahulchandra soppa	9491216765	Role of Ayurveda in the cancer management
6	Dr S. Jayaprada	9241423703	Effect of meditation in cancer – a case review
7	Bindu Menon K	9154045404	Beyond Conventional Treatment: 'Embracing Integrative Oncology for Comprehensive Cancer Care'

**Date : 23.06.2023 / Time : 2.30 PM – 4.00 PM / DABUR Hall**

**Ayush Practices for Mental Health & Stress Management**

Chair : Dr Vinay Mohan, Principal Ayurvedic College Inchal Karnataka (9980515694)

Co-Chair : Dr. Venugopal Rao (7989165406)

Keynote Speaker : RasaVaidya Rama Krishna CEO Rasendra Rasashala Hyd 9440682320

Co-ordinator - Dr. Prasanna Kumari (9849070490)

1	Priya Rani	9717065112	Preventing the Possible Mental Health Epidemic- An Ayurvedic Perspective
2	Dr. Nivedita Dhanvijay	7506163838	A review on role of ahara (dietetics) on mental well-being through Ayurveda
3	Poojitha Yellampalli	86395 89503	A way to combat stress – Yoga
4	Dr Vineeta Lakshmi Dudgundi	9742395192	Ayurvedic Mental Wellbeing

5	Yogeshwari Banno	8074206476	Mental health and Ayurveda
6	Sumedh Joshi	8856951935	Assessment of anti-anxiety activity of <i>Mundigghana vati</i> ( <i>Sphaeranthus indicus</i> Linn) whole plant in Generalized anxiety disorder in Human adults.
7	Malik kashif	9545002528	Unlocking the Healing Potential of Unani system of Medicine in Depression : A review
8	Ravi chandra	7330892765	Eliciting Manasika prakriti in the causation of Disease

**Date : 23.06.2023 / Time : 2.30 PM – 4.00 PM / Vaidyaratnam Hall  
Ayush Practices & Scientific appraisal**

Chair : Dr. Surendra Sharma Hyderabad (8639279145)

Co-Chair : Dr. AV Rajeshwar Rao JSPS Homoeo College Hyd (7893222701)

Keynote Speaker : Dr. Anurag Pandey BHU (9918748874)

Co-ordinator - Dr. Shubangi (9032577637)

1	Sravani Damlagunta	8919478855	Conceptual understanding and clinical application of Pradhamana nasya
2	Dr Mamta Tiwari	9918733821	A critical review of Pharmacodynamics of Udvartana w.s.r to obesity
3	Manisha Patlolla	9959137718	Application of principle of rukshana in management of obesity
4	Dr Bharat Bhushan	8219678923	Agnikarma – for pain management in Ayurveda – a review article
5	Tarannum khan	8919114846	Concept & management of Ischemic Heart diseases in Unani medicine
6	Dr. Bebe Bhashir	8106952526	Concept of Qooba (Tenia cruris) and its management in Unani medicine
7	Madhurya Mooli	9154045404	Integrative approaches in diabetes management bridging conventional and complementary therapies for optimal patient care
8	Arun B kumar	7989335891	Efficacy of Bowel nosodes in altered microbiota gut brain axis POSTER

**Date : 23.06.2023 / Time : 4.00 PM – 5.30 PM / Patanjali Hall**  
**Ayush Practices – Clinical Success stories**

Chair : Prof Baburam Tripathi, UP (8299203737)

Co-Chair : Dr. Padmaja Dasi (9440990889)

Keynote Speaker : Dr. Neeta Maheskar (9553965891) Director NEIAH, Shillong (Ayurveda for Health Wealth & Happiness)

Co-ordinator - Dr. Radhika Deshpande (9866540747)

<b>S.no</b>	<b>Name of presenter</b>	<b>Contact no</b>	<b>Title</b>
1	Aravind Gadde	9154045404	Ankylosing spondylosis: Integrated approach for pain management.
2	Rushikesh Thakare	9765404039	Wound Healing Potential of Different Extracts of Ehretia Laevis Roxb. ( Khandu Chakka/Ajan Vruksha) Versus Silver Sulfadiazine in Burn Wound - Pre-Clinical Study
3	Dr. Manab jyoti sarmah	7002265046	Comparative clinical study to evaluate the efficacy of Upanaha and Basti in chronic ankle sprain due to sports injury
4	Prof. Dr. Sneha Bevinamarad	9518522743	Scope of Homoeopathy in Improving the life quality of the patient suffering from an acute condition not responding to Standard of Care – an evidence-based case study
5	Dr. Saba Naaz	7011435872	An Ayurvedic Management of Bleeding Gums in Pregnancy – A case report
6	Dr. G. Suresh Gopi	7675855718	PSA -A New Paradigm in Palliative Care-II
7	Dr Mir Mahdi Ali	9884297865	Effect of Abresham (Bombyx mori) In Hyperlipidemia and Atherosclerosis in atherosclerosis induced New Zealand White Rabbits.

**Date : 23.06.2023 / Time : 4.00 PM – 5.30 PM / JIMS Hall**  
**Ayush Practices in Women & Child Health care**

Chair : Prof. DN Mishra UP (9415583663)

Co-Chair : Dr. Omendra Pal Singh (9648964526)

Keynote Speaker : Dr.Venu Gopal Gouri (Homoeopathy)

Co-ordinator : Dr. Sunil Roy (9487552427)

1	Ramesh Chandra Naik	9438036351	Fabrication of Smokeless Stove for Preserving Rural Women Health Constraint with AYUSH Guideline
2	Asma Umme salma	9542395402	An Overview on Role of Unani medicine & Diet therapy in postmenopausal syndrome
3	Farzana firdus	8090037767	A Holistic Approach of Unani Medicine in Pelvic Inflammatory Disease Management
4	Chris Antony	7807773464	Principles of Pediatric Nutrition in the Classical Texts of Ayurveda
5	Ashriya Nasreen	8328006946	A Holistic Approach of Unani Medicine in premenstrual syndrome management
6	Shaik Khathija	9441695986	Sleep Health
7	Ravi teja burugu	9945278487	Ayushman Manav - Health education from KG to PG
8	Lavanya Mani	9652341234	Types of parenting styles and their impact on children POSTER
9	Asma Fatima	8142359702	Buqoor e Mariam: A unani drug with potential effects on labor.

**Date : 23.06.2023 / Time : 4.00 PM – 5.30 PM / DABUR Hall**  
**Ayush Practices of Food, Nutrition & Millets**

Chair : Dr. Sujata Dr. BRKR GAC Hyderabad (9346648283)

Co-Chair : Dr. B. Kishan Hyd (9848409278)

Keynote Speaker : Dr. Venkat Bharadwaj Hyderabad Ayurveda & Integrative Surgical Practice (9299900129)

Co-ordinator : Dr. Suchita (9849654447)

S.no	Name of presenter	Contact no	Title
1	Shweta Tanwar	8595010794	Food Sciences in Ayurveda (The Indian System of Medicine) for Sustainable Eating: A Review Article

2	Arun Krishnan	9446039278	The effect of Karkidaka kanji in varsha ritu – a folklore food preparation in kerala
3	Aman Singhal	8929687821	Concept of food intake and the prevailing lifestyle disorders
4	Dr. J. Nikil Niva	7200333774	Millets: A Siddha Perspective – a Review
5	Pooja sharma	7987769939	AMBALI Traditional Millets recipes and their biological activities: A Review
6	Divya Bharathi	9502647780	MIL”LET EAT ”
7	Akanksha	7876578392	Pesticides in food crops and health hazards

**Date : 23.06.2023 / Time : 4.00 PM – 5.30 PM / Vaidyaratnam Hall**  
**Ayush Practices : Traditional and Folklore medicine & Veterinary Health**

Chair : Dr. Raghupathi Goud (9000940064)

Co-Chair : Dr. Rajashri Soni Hyd (9440328276)

Keynote Speaker : Dr. Sulochana Dr BRKR GAC Hyderabad (9347061869) (Potential Concepts and Practices in Stree Roga)

**Co-ordinator : Dr. Jayakrishna (9985612572)**

1	Priyalkumari patel	9904750972	Traditional and folklore medicine of Himachal Pradesh
2	Dr Mriganka mishra	9864606763	Traditional and Folklore Medicine in Meghalaya
3	Aparna chintala	7989786803	Traditional and Folklore Medicine in Lammasangi Andhra Pradesh
4	Dr.Jyotsnamayee pal	9178854108	Panchagavya products and practices
5	Dr Krithika R Aithal	7026340853	Veterinary medicine in Ayurveda
6	Dr. Anjali K V	7204983611	Panchgavya products and practices
7	Dr. Sakshi Sen	7415443531	Role of Ayurvedic principles in Animal's health – a conceptual review
8	Aastha Agarwal	8309833136	Spiritual healing
9	Suman K Biswas	7980273057	Ayushgram programme - Findings and lesson learnt