

SWASTHYA

Global Ayush & Wellness ExpoCon- 2023

Supported by Ministry of Ayush, Govt. of India & Ministry of Tourism, Govt. of India & Dept. of Ayush, Govt of Telangana)

23-25 June, HITEX, Hyderabad, Telangana, India

Day 2 (Saturday) : 24 June 2023

Date : 24.06.2023 / Time : 2.30 PM – 4.00 PM / Patanjali Hall

Ayush Practices – Clinical Success stories

Chair :

Co-Chair : Dr. Chandra Shekhar Charaka Hyderabad 9849015400

Keynote Speaker : Dr. Poornima Nagaraju (Psychiatrist)

Co-ordinator : Dr. Saraswathi Himabala (9666858210)

1	Dharam Singh Meena	9643068836	A customized Ayurveda treatment protocol for management of Asthimajjagata vata WSR to Avascular Necrosis- a case report
2	Dr. Deepak N P	9400422801	Effect of sujok seed therapy in shirashoola – a case study
3	Vedantham venkata Krishna teja	7358401439	Effect Of Istika churna Udvarthana In The Management Of Kota and Kandu - A Case Study
4	Dr. Rebhalina P.	7548003152	Treatment of Palmar and plantar warts by homeopathy – a clinical case study
5	Dr. Ranjith kumar Kora	8247876856	Management of Urethral stricture (mutramarga sankocha) by virechanottara uttarabasti and avapeedaka snehapana: a case report
6	Rachana E	8985209509	Management of katishoola through Ayurveda and physiotherapy

Date : 24.06.2023 / Time : 2.30 PM – 4.00 PM / JIMS Hall

Ayush Practices – Clinical Success stories

Chair : Dr. Rajni Chander JSPS HC Hyd (9440051118)

Co-Chair : Dr. E Suresh Babu Hyd (9985014668)

Keynote Speaker : Dr.Katta Renuka (Homoeopathy)

Co-ordinator : Dr. Swati Totla (9348934810)

1	Dr. Gayithri Prasad	9948934043	An evidence based clinical study of homeopathic management in food allergy
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2	Shweta Goel	9999492360	Ayurvedic Approach in the management of Childhood Nephrotic Syndrome – A Case Report
3	Deepthi Dharanipragada	8978801247	Yoga and Mudras for Autism, Epilepsy and Other Symptoms - A Case Study
4	Dr Snehal Patel	9687005283	Patient with parkinson's treated with ayurvedic therapeutics and medicines with encouraging result – a case report
5	Dr. Gayithri Unnikrishanan	6238180998	Marma chikitsa in Apabahuka – a case report
6	Dr. T.V.L Charishma devi	7675855714	PSA – A new paradigm in Palliative care -I
7	Lingampalli Rakesh	8074605814	Evaluation of punarnavadi Basti in coronary artery disease (Hridroga) – An Open Clinical study

Date : 24.06.2023 / Time : 2.30 PM – 4.00 PM / DABUR Hall
Ayush Practices: Spiritual and Environmental Health

Chair :Dr. Lakshmi Kantham BRKR GAC Hyderabad 9989398463

Co-Chair : Dr. Uma Srinivas Rao BRKR GAC Hyderabad 9246346346

Keynote Speaker : Dr Sunitha Joshi Dr BRKR GAC Hyderabad

(Pathyapthya from Menarche to Menopause)

Co-ordinator : Dr. Manjusha (9246192964)

1	Vd Kumar Veldandi	9604565349	A critical appraisal of Daivavyapashraya Chikitsa w.s.r to Homa and Mantra chikitsa
2	Dr. Anil Kumar Sen	8871495542	A literary study on Daivavyaprasraya (mantra) chikitsa in Ayurveda
3	Pradeepta Kumar singh	8194800182	Daiva Vyapasraya Chikitsa - Fundamentals and Practice
4	Konaiah	9962591080	Ten asanas combining yoga with Consciousness of Dasavatharas
5	Jeevan Rao Ande	8919020327	Superbrain Yoga - An appropriate Yoga for Superior Intellect and Wellness

6	Maj Gen Shri Pal	88 0060 4455	A Sustainable Approach to Stay Healthy and Safe in Highly Polluted Cities and Mitigate Global Warming and Climate Change
7	Syeda tashmeera Samreen	7386733773	The healing world of scents Aromatherapy for Unani medicine
8	Javed Ali Khan	9789083194	Public Health, Environmental Health, and Sustainable Development: Intersecting Pathways towards a Healthy Future

**Date : 24.06.2023 / Time : 2.30 PM – 4.00 PM / Vaidyaratnam Hall
Ayush Practices & Scientific appraisal**

Chair : Dr. Yashoda, HOD Dr BRKR GAC Hyderabad 9052250341

Co-Chair : Dr. Madhava Rao Dr BRKR GAC Hyderabad 9848327511

Keynote Speaker : Dr. Sunder Raj Perumal Vizag (9392491036)

(Health Tracker : Scientific Tool for implementation of Swasthavritta in Everyday Life)

Co-ordinator : Dr. Sandeep Sharma (8186097196)

1	Naga Srujana B	95815 32526	The Multidimensional Therapeutic Applications of Upanaha Sweda
2	Sachin chandra	9866470560	A Gist of research activities at department of panchakarma at Dr.BRKR government ayurvedic college, Hyderabad.
3	Dr. Soni Nigham	8501844292	Clinical and scientific perspective of Brimhana karma
4	Uma Mantha	9491854040	A Conceptual analysis and importance of kalka dravya in preparation of Niruha basti
5	Priyanka P	8522906261	Vaitarana vasti and its versatile benefits`
6	Dr. Tripti	8178483103	Role of traditional medicine in enhancing the endurance of sports person – a review article
7	Sunil Rana	POSTER	Chaturvida Raktastambhana Upaya – a Literary Review
8	Sahithi kummidi	9391615149	Agnikarma: How it helps in Avabahuka (frozen shoulder)

Date : 24.06.2023 / Time : 4.00 PM – 5.30 PM / Patanjali Hall
Ayush Medicinal Plants – Scientific & Analytical studies

Chair : Dr Malati Shyamala Hyderabad (9246108452)

Co-Chair : Dr. HarshaVardhan Appaji Tirupati (8099959900)

Keynote Speaker : Venkata Ramana (Anthropologist)

(Holistic Natural Healing & Happiest Country No1 @ 2047) 9247373860

Co-ordinator : Dr. Kalpana (9848034708)

1	Dr. Darsh Gautam	8894722340	Design and synthesis of Nanoparticle loaded brivarectum for the treatment of epilepsy
2	Sandeep Kumar M & Swathi	9849059163	Isolation and characterization of herbal colors and their lake-formulations for pharmaceutical applications
3	Dr. Sneha Nawale	9000796196	Herbal Proniosomal Delivery System of an Ayurvedic Medicine for the Treatment of Alzheimer's Disease
4	Syed Sara Afreen	9381421054	Synthesis of Silver Nanoparticles Using Ecbolium Ligustrinum Leaves
5	Devilal Jarpula	8317663970	Cytotoxic effects of new bioactive compounds isolated from Synoicum indicum (Ascidian) of the Indian Ocean
6	Ajeya Ayipuzha	7356872965	Effectiveness of Ultrahigh dilution of Homoeopathic medicine Thuja 30 in the management of Fungal disease (Rhizoctonia) leaf blightin improving the yield of Amaranthus tricolor
7	Snehal Sharma	9049661222 POSTER	Fourier transform infrared spectroscopy FTIR fingerprinting of herbs in Kushthaghna Dashemani An attempt to find scientific justification for inclusion of herbs

Date : 24.06.2023 / Time : 4.00 PM – 5.30 PM / JIMS Hall
Ayush Practices in Life style diseases

Chair : Dr. Nori Pradeep Guna Ayurved Hyd (9848207243)

Co-Chair : Dr. K. Amarnath Karimnagar (9246934115)

Keynote Speaker : Dr. Venkateshwara Rao Principal MNR Homoeopathy College, Sangareddy Telangana

Co-ordinator : Dr. Jayakrishna (9985612572)

S.no	Name of presenter	Contact no	Title
1	Sarfaraz Nawaaz	8121786637	Role of Unani medicine in chronic kidney diseases

2	Aparna S	9400556568	The role of the liver in disease – a comprehensive overview
3	Giri Harshita Shiv Kumar	7995833171	Debilitating Migraine
4	Tarannum Khan	8919114846	Concept and management of ischemic heart disease in Unani medicine
5	Shubhangi Fultambkar	9032577637	Obesity in Ayurveda
6	Parul Gupta	7721831107	Role of Ayurveda in managing obesity - A life style disorder
7	Rajeshwari P.N	8137070240	Clinical Observation on Association of Non-alcoholic Fatty Liver disease and Nephrolithiasis
8	Dr. Arya P V	7025088909	A hospital based study to assess the dietary patterns based on virudhahara in type 2 diabetes
9	Priya singh	8700908436	Role of stress in the Diabetes and management
10	Dayanidhi Dr	8341887987	Role of Homeopathy in Life style disorders POSTER

**Date : 24.06.2023 / Time : 4.00 PM – 5.30 PM / DABUR Hall
Ayush Practices for Healthy Ageing & Daily routine**

Chair :

Co-Chair : Dr. Wajahat Alishah Imtiyaz (Unani) (9948505694)

Keynote Speaker : Dr. N Sridhar BRKR GAC Hyderabad (8309158194) :Ayurvedic Surgery – A promising area to pursue

Co-ordinators : Dr. Prasanna Kumari (9849070490)

1	Dr. Manjusha P	9400882785	Geriatric Care through Ayurveda
2	Sushma Gumma	9573587887	Holistic way to schedule our Daily Healthy Routine
3	Sowjanya tamatapu	9505404558	Yoga for life – Swasth raho mast raho
4	Vijaya Lakshmi Angadi	8147415155	Ayurveda perspective of cosmeceuticals and beauty products

5	Dr. Amrutha Kalyani	7406559247	A Conceptual Understanding of Promotion of Occupational Health in IT professionals through Ayurveda
6	Lalita verma	8219854146	Ayurveda for Youthful Nation
7	Dr .V. Nikhila Priya	8328567823	Knowledge, Attitude and Practice of Homeopathy system among Mid-age group adults in Hyderabad

**Date : 24.06.2023 / Time : 4.00 PM – 5.30 PM / Vaidyaratnam Hall
Ayush Practices and Products & Scientific appraisal**

Chair : Dr.Venu Gopal Thota Warangal (9440715919)

Co-Chair :Dr. G. Ramu Warangal (9849606700)

Keynote Speaker : Dr. Vinaya Naturopathy Hyderabad (9676211112)

Co-ordinator : Dr. Mallikarjun (9581851513)

1	Tejaswini Adappa Nade	8452011625	A Review of published research works on Vanga Bhasma
3	Sindhu Bommidi	9490670917	Role of Ayurveda in managing movement disorders
4	Yazdani	9985098281	Role of Panchakarma in disease prevention
5	Mohammed Juneed	9985313244	Role of Ayurveda in the management of Amlapitta
6	Deepali bodu	9970334337	Role of Ayurveda in management of Ducchenne muscular dystrophy
7	Lizitha	7989982056	Pain management recipes
8	Sangeetha Jannu	9705210582	Scientific Conceptual understanding of Kavala & Gandusha