

# SWASTHYA

## Global Ayush & Wellness ExpoCon- 2023

Supported by Ministry of Ayush, Govt. of India & Ministry of Tourism, Govt. of India & Dept. of Ayush, Govt of Telangana)

23-25 June, HITEX, Hyderabad, Telangana, India

Day 3 (Sunday) : 25 June 2023

**Date : 25.06.2023 / Time : 2.30 PM – 4.00 PM / Patanjali Hall**

**Ayush Practices – Clinical Success stories**

Chair : Dr. Goli Panchala Prasad 9441654500 Incharge NIIMH Hyderabad

Co-Chair : Dr. Pavan Kumar Sangu Tirupati (9493410914)

Keynote Speaker : Dr. Akash Deep Das (Efficacy of Individualized Homoeopathic medicines in IBS) 8240352934

Co-ordinator: Dr. Satya Deepa (9347513868)

1	Dr Syed Sofian Ahmed	6281001051	Efficacy of FASD (venesection) in cases of Dawali (Varicose veins)
2	Karthikeshwari Annear	7659029053	A Clinical study to evaluate the role of ayurvedic treatment protocol in janu sandhigata vata with special reference to osteoarthritis of knee joint
3	Melinda periera	8329914801	Mangement of Pilonidal Sinus(Nadivrana) with application of Ashwagandha Gel : A Case Report
4	Anjana Sujith	9846263461	Ayurvedic approach in the management of photodermatitis – a case study
5	Dr Nandana A B	9495404354	A Case study: Effect of Shodhana Chikitsa in Sirogata Vata
6	Awadhesh Rathod	6264636528	Dhanwantara Taila and Kshara Taila Uttarbasti in Urethral Stricture- A Case Report
7	Rishab Borkar	7498642706	Ayurveda Health Technology advancement using Digitization of “Swasthya” Health Mobile Application

**Date : 25.06.2023 / Time : 2.30 PM – 4.00 PM / JIMS Hall**

**Ayush Practices – Clinical and Survey studies**

Chair : Dr. Nagalakshmi Naturopathy Hyd 9440974984

Co-Chair : Dr. Subhramanyam Hyd 9246565195

Keynote Speaker : Dr. Dhole Principal JIMS Shamshabad Hyderabad 9448255103

Co-ordinator : Dr. Suchita 9849654447

1	Dr. Madhumitha Shankar	8328601954	Carpal tunnel syndrome and its Ayurvedic management through Leech Therapy - clinical case study
2	Ravali K	9059821395	Clinical application of cupping in Gridhrasi
3	Barkha Rani gaud	9458672216	Application of Jalauka vacharan in cellulitis – A Case report
4	Awadesh Rathod	6264636528	Dhanwantara Taila and Kshara Taila Uttarbasti in Urethral Stricture- A Case Report
5	karthikeya Pola	8019339168	Complementary Intervention for the Management of Sciatica W.S.R to Disc buldge, Herniation, Protrusion.
6	Siri srija	9177108016	Experimental survey of bleeding and clotting time on covid -19 vaccinated volunteers versus non vaccinated volunteers
7	Akhina Asok	8129236172	Remoulding ‘One health’ – Through Ayurveda

**Date : 25.06.2023 / Time : 2.30 PM – 4.00 PM / DABUR Hall**  
**Ayush Practices & Scientific appraisal**

Chair : Dr. Renu Dixit Tirupati (9000005421)

Co-Chair : Dr. Sita Mahalakshami 9948729231 Ayurvedic Integrative Gynaecology Practitioner, Hyderabad

Keynote Speaker : Dr. Sirisha Warangal 9290687806

Co-ordinator : Dr. Nazeeb 8074310736 / Dr. Krishna Naik 9652739467

1	Dr. Udaya Padma	9849721032	Guidelines for Practice of Panchakarma at OPD
2	Adharsh Ganesh S K	9480486050	Exploring the Potential of Marma Chikitsa: A Conceptual Study on its Application in Shalaky Tantra through kriya kalpa
3	Dr. Kiranbala Naik	7991081760	Application of Yapana vasti in Chronic diseases
4	Dr.Murtuza	6303951057	Abhyanga ( the massage) and it's Techniques
5	Anagha deevi	8341813122	Shodhananga sneha with special emphasis on sadyo snehana
6	Amruta Ikhe	7709976346	Impact of shirodhara on insomnia – Scientific tudies at a glance

7	Shivani Jain	9873051776	Analyzing the utility of 'Loka Purusha Samaya Siddhant' in sustainable development of nature and human beings
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**Date : 25.06.2023 / Time : 2.30 PM – 4.00 PM / Vaidyaratnam Hall**  
**Ayush Principles – Scientific appraisal**

Chair : Dr. Kranthi Vardhan Hyd (9246166636)

Co-Chair : Dr. Juveriya Iffat (Unani) 9014810732

Keynote Speaker : Dr. Raju Padiya OU 9951278378

Co-ordinator : Dr. Manjusha 9246192964

1	Sai Sireesha G	9949587167	Promotion and preservation of health through Ayurveda.
2	Richa Tiwari	9643945218	“Significance of concept of ‘Vishaado rogavardhananaam’ in prognosis of chronic diseases”
3	Sriharsha KV	9980375322	Evaluation of Jeernakaala Pramana in different Ritus
4	Dr Geetha poola	6301463866	Clinical application of the concept of snidgha & ruksha dravyas
5	Samyam s g	9591570969	Ayurveda Perspective of sleep Health
6	Swathi Thota	8074305693	Ayurvedic view on Sleep and its health in today's trend
7	Aravinth T. U	8939252066	Effect of rasayana in kala sharer with reference to Ageing
8	Aakash yagnambhotla	9640967637	A study to assess the cardiac health of individuals by evaluating their lifestyle POSTER
9	Anusha Reddy	9908212283	From clocks to cures – Integrating chrono biology into medical practice POSTER
10	Prasanna Lakshmi	9908773249	Temperaments a pattern of Hereditary component and emerging for range of diseases POSTER